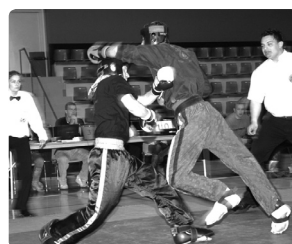


International Kick- and Thaiboxing tournament

# DANISH OPEN 2009



Saturday the 28<sup>th</sup> of March 2009

Aalborg Stadion, Annebergvej 48, 9000 Aalborg, Denmark

[HTTP://DANISH-OPEN.AKBK.DK](http://danish-open.akbk.dk)



FULL CONTACT - LOWKICK - THAIBOXING - SEMI CONTACT - LIGHT CONTACT

**PLACE:**

Aalborg Stadion, Annebergvej 48, DK-9000 Aalborg.

**REGISTRATION FEE:**

DKR 100,-/Euro 15,- (no extra fee for participation in more than one discipline).

**REGISTRATION:**

No later than Monday the 23<sup>th</sup> of March 2009. Please use the application form.

**WEIGH-IN:**

Friday the 27<sup>th</sup> of March 2009.

17.00-23.00 hrs. at:

Aalborg Stadion, Annebergvej 48, DK-9000 Aalborg

17.00-19.00 hrs. at:

Chin-Gu, Bavnehøj Idrætsanlæg, Enghavevej 90, DK-2450 Copenhagen SV

17.00-19.00 hrs. at:

Kolding Kung Fu & Kickboxing, Brostræde 3-5, 2. DK-6000 Kolding

Fighting license and valid medical certificate (not older than one year) must be presented at weigh-in.

**PROGRAM:**

Saturday the 28<sup>th</sup> of March 2009

Referee meeting 09.00 hrs.

Coach meeting 09.30 hrs.

Competition start 10.00 hrs.

Afterparty 23.00 hrs.

**PRICES:**

Trophy for first and second place, medal for third.

**ACCOMMODATION:**

See <http://danish-open.akbk.dk> - Free accommodation Friday night !!

**PARTICIPANTS:**

All countries and clubs are invited to participate.



# DISCIPLINES

Semi contact	
Younger cadets boys 10-12 year	
01	- 28 kg
02	- 32 kg
03	- 37 kg
04	- 42 kg
05	- 47 kg
06	+ 47 kg
Younger cadets girls 10-12 year	
07	- 28 kg
08	- 32 kg
09	- 37 kg
10	- 42 kg
11	- 47 kg
12	+ 47 kg
Cadets boys 13-15 year	
13	- 42 kg
14	- 47 kg
15	- 52 kg
16	- 57 kg
17	- 63 kg
18	- 69 kg
19	+ 69 kg
Cadets girls 13-15 year	
20	- 42 kg
21	- 46 kg
22	- 50 kg
23	- 55 kg
24	- 60 kg
25	- 65 kg
26	+ 65 kg
Junior boys 16-17 year	
27	- 57 kg
28	- 63 kg
29	- 69 kg
30	- 74 kg
31	- 79 kg
32	- 84 kg
33	- 89 kg
34	- 94 kg
35	+ 94 kg
Junior girls 16-17 year	
36	- 50 kg
37	- 55 kg
38	- 60 kg
39	- 65 kg
40	- 70 kg
41	+ 70 kg
Senior men 18-45 year	
42	- 57 kg
43	- 63 kg
44	- 69 kg
45	- 74 kg
46	- 79 kg
47	- 84 kg
48	- 89 kg
49	- 94 kg
50	+ 94 kg
Senior female 18-45 year	
51	- 50 kg
52	- 55 kg
53	- 60 kg
54	- 65 kg
55	- 70 kg
56	+ 70 kg
Teamfight	
57	3 men 1 female

Light contact	
Younger cadets boys 10-12 year	
58	- 28 kg
59	- 32 kg
60	- 37 kg
61	- 42 kg
62	- 47 kg
63	+ 47 kg
Younger cadets girls 10-12 year	
64	- 28 kg
65	- 32 kg
66	- 37 kg
67	- 42 kg
68	- 47 kg
69	+ 47 kg
Cadets boys 13-15 year	
70	- 42 kg
71	- 47 kg
72	- 52 kg
73	- 57 kg
74	- 63 kg
75	- 69 kg
76	+ 69 kg
Cadets girls 13-15 year	
77	- 42 kg
78	- 46 kg
79	- 50 kg
80	- 55 kg
81	- 60 kg
82	- 65 kg
83	+ 65 kg
Junior boys 16-17 year	
84	- 57 kg
85	- 63 kg
86	- 69 kg
87	- 74 kg
88	- 79 kg
89	- 84 kg
90	- 89 kg
91	- 94 kg
92	+ 94 kg
Junior girls 16-17 year	
93	- 50 kg
94	- 55 kg
95	- 60 kg
96	- 65 kg
97	- 70 kg
98	+ 70 kg
Senior men 18-45 year	
99	- 57 kg
100	- 63 kg
101	- 69 kg
102	- 74 kg
103	- 79 kg
104	- 84 kg
105	- 89 kg
106	- 94 kg
107	+ 94 kg
Senior female 18-45 year	
108	- 50 kg
109	- 55 kg
110	- 60 kg
111	- 65 kg
112	- 70 kg
113	+ 70 kg

Light contact with lowkick	
Younger cadets boys 10-12 year	
114	- 28 kg
115	- 32 kg
116	- 37 kg
117	- 42 kg
118	- 47 kg
119	+ 47 kg
Younger cadets girls 10-12 year	
120	- 28 kg
121	- 32 kg
122	- 37 kg
123	- 42 kg
124	- 47 kg
125	+ 47 kg
Cadets boys 13-15 year	
126	- 42 kg
127	- 47 kg
128	- 52 kg
129	- 57 kg
130	- 63 kg
131	- 69 kg
132	+ 69 kg
Cadets girls 13-15 year	
133	- 42 kg
134	- 46 kg
135	- 50 kg
136	- 55 kg
137	- 60 kg
138	- 65 kg
139	+ 65 kg
Junior boys 16-17 year	
140	- 57 kg
141	- 63 kg
142	- 69 kg
143	- 74 kg
144	- 79 kg
145	- 84 kg
146	- 89 kg
147	- 94 kg
148	+ 94 kg
Junior girls 16-17 year	
149	- 50 kg
150	- 55 kg
151	- 60 kg
152	- 65 kg
153	- 70 kg
154	+ 70 kg
Senior men 18-45 year	
155	- 57 kg
156	- 63 kg
157	- 69 kg
158	- 74 kg
159	- 79 kg
160	- 84 kg
161	- 89 kg
162	- 94 kg
163	+ 94 kg
Senior female 18-45 year	
164	- 50 kg
165	- 55 kg
166	- 60 kg
167	- 65 kg
168	- 70 kg
169	+ 70 kg

Full contact	
Senior men 18-45 year	
170	- 51 kg
171	- 54 kg
172	- 57 kg
173	- 60 kg
174	- 63,5 kg
175	- 67 kg
176	- 71 kg
177	- 75 kg
178	- 81 kg
179	- 86 kg
180	- 91 kg
181	+ 91 kg
Senior female 18-45 year	
182	- 48 kg
183	- 52 kg
184	- 56 kg
185	- 60 kg
186	- 65 kg
187	- 70 kg
188	+ 70 kg

Full contact with lowkick	
Senior men 18-45 year	
189	- 51 kg
190	- 54 kg
191	- 57 kg
192	- 60 kg
193	- 63,5 kg
194	- 67 kg
195	- 71 kg
196	- 75 kg
197	- 81 kg
198	- 86 kg
199	- 91 kg
200	+ 91 kg
Senior female 18-45 year	
201	- 48 kg
202	- 52 kg
203	- 56 kg
204	- 60 kg
205	- 65 kg
206	- 70 kg
207	+ 70 kg

Thaiboxing	
Senior men 18-45 year	
208	- 51 kg
209	- 54 kg
210	- 57 kg
211	- 60 kg
212	- 63,5 kg
213	- 67 kg
214	- 71 kg
215	- 75 kg
216	- 81 kg
217	- 86 kg
218	- 91 kg
219	+ 91 kg
Senior female 18-45 year	
220	- 48 kg
221	- 52 kg
222	- 56 kg
223	- 60 kg
224	- 65 kg
225	- 70 kg
226	+ 70 kg

RULES: Similar to WAKO. Few differences see: <http://danish-open.akbk.dk> MATCHING: In full contact disciplines matching will be arranged.

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