

SEMI CONTACT 2 ON 2 CONTEST REGULATIONS WITH TOUCH SCORE FORMULA

1. CONTEST AREA: 6 METERS FOR SIDE
2. DURATION OF CONTEST: 4 MINUTES OR TO THE ATTAINMENT OF 20 POINTS WITH TWO POINTS OF DIFFERENCE-EXAMPLE 22/24, 19/21 ETC
3. TOUCH OR CHANGE BETWEEN FIGHTERS IS ALLOWED WITH THE ONLY TOUCH IN WHICHEVER PART OF THE BODY FROM PART OF THE ATHLETE WHO IS FIGHTING TOWARDS A TEAM COMPANION OUTSIDE THE AREA, AND NOT VICEVERSA.(IN ORDER TO AVOID OF HAVING 2 ATHLETES OF THE SAME TEAM FIGHTING ON THE AREA AT THE SAME TIME).
4. CHANGE (OR TOUCH) FOR BEING REGULAR MUST HAPPEN IN THE FOLLOWING WAY:
 - THE ATHLETE WHO FIGHTS MUST BE INSIDE THE AREA AND NOT IN ESCAPE SITUATION
 - THE ATHLETE WHO RECEIVES CHANGE(TOUCH) MUST FIND ITSELF WITH BOTH FEET OUTSIDE THE COMBAT AREA
5. NO LIMIT OF CHANGES. THE TIME OF PERMANENCE OF A FIGHTER ON THE AREA IS A COACH CHOICE
6. DURING A CHANGE (TOUCH) HAPPENED IN REGULAR WAY, IF THE ATHLETE WHO ENTERS HITS THE ADVERSARY WHILE THE COMPANION IS NOT COMPLETELY EXITED, BUT IN CLEAR PASSIVE ACTION, THE POINT WILL BE VALID.
7. THE MATCH WILL BE MANAGED FROM 1 CENTRAL AND 2 SIDE REFEREES.
8. THREE IRREGULAR CHANGES LESS A POINT, FROM THE THIRD IRREGULAR CHANGE (TOUCH) ON ALWAYS LESS A POINT.
9. EVERY 3 EXITS WILL BE REMOVED A POINT TO THE TEAM AND DISQUALIFIED THE ATHLETE WHO WILL HAVE STORE CLERK THE THIRD EXIT. AFTER THAT THE EXITS WILL COME ANNULLED.
- 10.EVERY TEAM WILL BE ABLE TO DECIDE OF A SINGLE COACH
- 11.FOR ALL THE REST IT IS WORTH W.A.K.O. REGULATIONS